

Reiki

Intake Forum



This forum, and all other documents associated, strictly adhere to our client-practitioner confidentiality agreement.

Coming Back Home L.L.C.

All Rights Reserved

Amber Rashid

Reiki



Intake Forum

As a coach, it's important for me to understand how you view the world in general and yourself in particular. Each person has a unique way of thinking and a unique way of interacting with those around him or her.

Please answer each of these questions as clearly and thoughtfully as possible, expressing the best of who you are. These are “pondering” questions designed to stimulate your thinking in a particular way that will make our work together ever more productive.

I suggest that you take several days to compose your response to these questions. All information will be kept confidential.

Personal Information

Name:

Age:

Email:

Phone Number:

Location (City, Country):

- 1) What has prompted you to seek Reiki? (Check all that apply)
 - Physical Healing
 - Emotional Healing
 - Spiritual Cleanse

2) Have you received Reiki before?

-Yes

-No

***If yes, please briefly describe your experience and what you gained from it

3) How would you describe your current life situation? (e.g., career, relationships, personal development, health, etc.)

4) What do you currently do for work?

5) On a scale 1 to 10, how satisfied are you with your current state of life?

6) Are there any specific challenges or obstacles you feel are holding you back from living a purposeful life?

7) What do you hope to achieve through receiving Reiki?

8) How do you typically handle stress or major life changes?

9) Write down 2-3 things that are really working well for you right now.

10) What do you do when you feel pressure, anxiety or stress?

11) What's missing in your life? What would make your life more fulfilling?

12) What have been some of the most significant events have shaped your life?
(Describe your top 3)

13) Is there anything else you want me to know about?

Reflect on areas of your life that you feel need attention or improvement. Select the ones that resonate with you:

- Emotional well-being and healing
- Physical health and vitality
- Relationships and connection
- Spiritual growth and awakening
- Self-discovery and personal empowerment
- Other (please specify):

Based on your selection(s) above, please describe in detail the specific aspect(s) you wish to address or work on during our time together:

Are there any particular patterns, beliefs, or behaviors that you would like to release or transform during our time together? If so, describe them here:

Please e-mail the completed medical intake forum to: info@comingbackhome.com